

Secrets of the Universe

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"If you want to find the secrets of the universe, think in terms of energy, frequency and vibration."

Nikola Tesla



There is a non-physical ubiquitous energy that courses through the Universe. For many thousands of years we have known of this energy and have sought to develop ways to harness its power to heal and influence our lives.

This energy is known by many different names in various cultures - the Japanese call it Ki. In China it is referred to as Chi or Qi, and in Indian philosophies it is known as prana.

Many successful disciplines such as Reiki, Tai Chi, Feng Shui, Meditation, Yoga, Acupuncture etc. have been developed to control and greatly enhance the flow of this energy in and around the body.

